

Sun

Mon

Tue

Wed

Thu

Fri

Sat

Rockwell's Specials Menu

July 2022

Lunch 11:30am-1pm, Dinner 5-6:30pm
(Fridays dinner is served until 7pm)

RESERVATIONS REQUIRED

Monday-Saturday, (By 9:30am for lunch,
By 3pm for dinner) Call: 354-1365 or ext. 3258



Sundae of the Month

Available All Month:

“Red, White and Blueberry Sundae”

Vanilla ice cream, blueberry topping, whipped cream and a cherry on top \$4.00



Lunch Sandwich Special 1
Pecan crusted whitefish sandwich on a bun w/ lettuce, tomato, onion, fresh fruit or applesauce and a lemon bar \$10.00
All Day Special
Baked haddock w/basil hollandaise, coleslaw and potato choice \$13.00

Lunch Burger Special 2
Italian sausage burger on a bun w/peppers, onions, red sauce, fresh fruit or applesauce and a cookie \$9.00
All Day Special
Fried boneless chicken breast with country gravy, red potatoes & buttered carrots \$13.00

3



4

Lunch Sandwich Special 5
Turkey BLT on wheat with fresh fruit or applesauce and a chocolate chip cookie \$9.00

All Day Special
Meat & cheese lasagna with garlic bread and steamed spinach \$12.00

Lunch Sandwich Special 6
Patty melt on rye with Swiss, fresh fruit or applesauce and a cookie \$9.00

All Day Special
Pork egg rolls with sweet and sour sauce, ginger rice and Asian vegetables \$12.00

Lunch Salad Special 7
Chef salad with ham, turkey, cheese, egg, tomato, cucumber, fresh greens & dressing choice served with a brownie \$10.00

All Day Special
Chicken marsala w/ mushroom cream sauce, red potatoes & carrots \$12.00

Lunch Sandwich Special 8
Tuna salad croissant w/ lettuce, tomato, onion, fresh fruit or applesauce and a brownie \$9.00

All Day Special
Popcorn shrimp with cocktail sauce, lemon, coleslaw and potato choice \$13.00

Lunch Burger Special 9
Crispy onion & cheddar burger with fresh fruit or applesauce, pickles and a cookie \$9.00

All Day Special
Spaghetti & meatballs with garlic bread and buttery broccoli \$12.00



10

Lunch Sandwich Special 11
Chicken gyro-grilled chicken, feta, onions & tomato on a warm pita with tzatziki sauce, fresh fruit or applesauce and a cookie \$10.00
All Day Special
Personal pepperoni pizza w/ red sauce & mozzarella, served with broccoli & cauliflower \$12.00

Lunch Sandwich Special 12
Sauerbraten sandwich on a pretzel bun w/kraut, beer mustard & Swiss cheese, fresh fruit or applesauce and a cookie \$9.00

All Day Special
Chicken cordon bleu w/shaved ham and a cheddar cheese sauce, garlic rice and dilly carrots \$13.00

Lunch Sandwich Special 13
Sloppy joe on a bun w/ American cheese, fresh fruit or applesauce and a lemon bar \$9.00

All Day Special
Pork tenderloin with mango chutney, red potatoes & green beans \$13.00

Lunch Salad Special 14
Greek salad with romaine, feta, tomato, red onion, chicken & dressing choice, served with a lemon bar \$10.00

All Day Special
Beef pot roast with mashed potatoes & gravy, crispy onions and mixed veggies \$13.00

Lunch Sandwich Special 15
Fried haddock sandwich w/ lettuce, tomato, onion & tartar sauce, fresh fruit or applesauce and a brownie \$9.00

All Day Special
Baked orange roughy w/garlic chive cream sauce, coleslaw & potato choice \$13.00

Lunch Burger Special 16
Fried pickle burger on a bun w/American cheese, fresh fruit or applesauce and a brownie \$9.00

All Day Special
Bacon & cheddar mac n cheese w/garlic herb breadcrumbs and roasted asparagus \$12.00



17

Lunch Sandwich Special 18
Chicken bacon ranch wrap w/lettuce, tomato, onion, fresh fruit or applesauce and a cookie \$9.00
All Day Special
Sliced turkey breast with mashed potatoes & gravy, green bean casserole and cranberry sauce \$13.00

Lunch Sandwich Special 19
Tortilla crusted cod sandwich with fresh fruit or applesauce and a brownie \$9.00

All Day Special
Stuffed green pepper with Italian sausage, tomato, rice, mozzarella, red sauce and carrots \$12.00

Lunch Sandwich Special 20
Pot roast sandwich w/Swiss cheese & crispy onions, fresh fruit or applesauce and a cookie \$9.00

All Day Special
Boneless BBQ chicken thigh with twice baked potato, cornbread and steamed spinach \$13.00

Lunch Salad Special 21
Crispy shrimp Caesar with romaine, tomatoes and croutons with a brownie \$10.00

All Day Special
Slow cooked pork shoulder with red potatoes, kraut and parsnips \$13.00

Lunch Sandwich Special 22
Baked cod sandwich on a bun w/lettuce, tomato, onion, tartar sauce, fresh fruit or applesauce and a brownie \$9.00

All Day Special
Pan fried whitefish with lemon herb butter, coleslaw and potato choice \$13.00

Lunch Burger Special 23
The Big Shawn Burger-Two all beef patties, special sauce, lettuce, cheese, pickles & onions on a sesame seed bun, fresh fruit or applesauce and a cookie \$9.00

All Day Special
Chicken tikka marsala w/ tomatoes & coconut milk, rice and vegetables \$13.00

24

31



Lunch Sandwich Special 25
BBQ pulled pork sandwich w/crispy onions, cheddar cheese, fresh fruit or applesauce and a brownie \$9.00
All Day Special
Pineapple glazed ham with scalloped potatoes and broccoli \$13.00

Lunch Sandwich Special 26
Club wrap w/ham, turkey, bacon, cheese, lettuce, tomato, onion & mayo with fresh fruit or applesauce and banana pudding \$9.00

All Day Special
Tortellini marinara w/ grilled chicken & asparagus, served with garlic bread \$13.00

Lunch Sandwich Special 27
Beef brisket sandwich on grilled sourdough w/smoky mayo, cheddar and crispy onions, fresh fruit or applesauce and banana pudding \$10.00

All Day Special
Lemon garlic shrimp skewers over white rice pilaf w/mixed veggies \$13.00

Lunch Salad Special 28
Roasted beet & avocado salad with feta cheese and vanilla vinaigrette, served with lemon bar \$10.00

All Day Special
Smothered steak tips w/ mushrooms, onions & Swiss cheese, mashed potatoes and gravy, and roasted cauliflower \$13.00

Lunch Sandwich Special 29
Shrimp salad croissant w/ lettuce & tomato, fresh fruit or applesauce and a lemon bar \$9.00

All Day Special
Ginger lime tilapia with teriyaki, coleslaw and potato choice \$13.00

Lunch Burger Special 30
Bacon bleu burger w/ bleu cheese, lettuce, tomato, onion, fresh fruit or applesauce and a cookie \$10.00

All Day Special
Chicken LaBelle w/ asparagus, bacon & Swiss cheese and wild rice blend \$13.00